THE SUNSHINE OF YOUR SMILE.

Intro. School principal, doctrines of
Dec. of Ind. 3 buttons
Best Stories, Page 20.

I. A happy, cheerful, smiling disposition overcomes grouchiness, pessimism, melancholy, anger, and all other passions that make us miserable and others unhappy.

1. Nature abhors a vacuum-even in the heart.

a. A crying person stops when made to laugh.

b. An angry person when made to smile returns to sanity.

c. You cant be both happy and miserable at the same time and for the same cause.

2. If you can fill your heart with the the sunshine of cheer and happiness, your night of melancholy and misery will vanish.

"Try Smiling"

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When the weather suits you not, try smilin
When your coffee is'nt hot, try smiling.
When your neighbors dont do right,
When your relatives all fight,
Sure 'tis hard, but then you might
Try smiling.

Does'nt help the things, of course, just smiling,
But it cannot make them worse, just smiling;

And it seems to help your case,
Brightens up a gloomy face,
And it sort o rests your face,
Just smiling.

QQ.Cultivate your cheerfulness,

1.We train our minds, master our trade or business or profession; but that upon which our happiness in life depends, manely our disposition, we neglect to cultivate.
a.Neglected, they grow to need repairs--like the large painting in the old church in Belgium.
(Best Stories, p.230)
The itemized bill of the artist.

Correcting the Ten Commandments $7.10
Embellishing Pontius Pilate and putting new ribbons on his bonnet 3.02
Putting new tail in the rooster of St.Peter 4.18
Reguilding left wing of guarding angel 2.02
Washing the servant of the High Priest and putting carmine on cheek 3.10
Renewing heaven 1.00
Adjusting stars 2.06
Cleaning moon .10
Restoring lost souls 25.00
Reordering the robes of Herod adjusting his wig 1.43
Taking the spots off the sun of Tobias 1.00
Cleaning Ballam's ass and putting new shoe on him 5.06

Putting ear-rings on Sarah's ears	$30.00
Putting new stone in David's sling	1.10
Enlarging the head of Goliath	1.03
Extending Saul's legs	2.05
Decorating Noah's ark	6.50
Mending theshirt of the Prodical son	6.35
Brightening up the flames of hell	.60
Putting new tail on the devil	1.50
Putting a silver dollar over the poor box	.80
Doing several odd jobs for the dammed	1.00
Total	$100.00

Application--take a looking glass and proceed to touch up your face
Brush out the worry lines
Cut some off from the length of your face.
Widen it out at the sides
Take the dropp out of the corners of your mouth.
Put a new twinkle in your eye.

Ah, you say, that is not so easily done! How shall I accomplish this?

1. First, by realizing the value of cheerfulness to you.

"Keep the Glad Flag Flying"

"The thing that goes the farthest
Toward making life worth while,
That costs the least and does the most
Is just a pleasant smile.
The smile that bubbles from the heart,

That loves its fellow man,
Will drive away the clouds of gloom
And coax the sun again.
Its full of worth and goodness too,
With manly kindness bent;
Its worth a million dollars
And it does'nt cost a cent.

There is no room for sadness
When we see a cheery smile,
It always has the same good look,
Its never out of style.
It nerves us on to try again
When failure makes us blue,
So smile away, folks understand
What by a smile is meant;
Its worth a million dollars
And it does'nt cost a cent.

2. We can secure cheerfulness by going to its source and drinking of its pure sparkling waters.
   a. Happiness has its source in righteous living.
      '1' The joy of the wicked is folly and short-lived.
      "Some people are like the little gray mouse who, after lapping up the remains of an upset bottle of whiskey ~~bottle~~, sat up on a box and squeaked,"Come on, you old boob of a cat!"
      '2' Bible puts it thus"

Isaiah 12:3 Therefore with joy shall ye draw water out of the wells of salvation. The Gospel--glad tidings

Prov.14:14 A good man shall be satisfied from himself.

3. By practicing it all the time and consistently.

Ecclesiates-"I know there is nothing b better than to rejoice and do good all the days of our lives.

It must be practiced consistently
Eccles:9:9 Live joyfully with the wife whom thou lovest."

In conclusion I read
"The lilt of a laugh"

I've toiled with the men the world has blessed,
As I've toiled with the men who failed;
I've toiled with the men who strove with zest,
And I've toiled with the mwn who wailed.
And this is the tale that my soul would tell,
As it drifts o'er the harbor bar:
The sound of a sigh does'nt carry well,
But the lilt of a laugh rings far.

The men who were near the drumbeer's side
Oh, they heard not a word he said;

The sound of a song rang far and wide,
And they harkened to that instead.
Keep hold of the cord of laughter's bell,
Keep aloof from the moans that mar;
The sound of a sigh does'nt carry well,
But the lilt of a laugh rings far."

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